Sleep Sticker Chart

✦ ✧ rainbow nights ✧ ✦

Goal: *I stayed in bed!*

Name: _____ Week of: _____

Mon	Tue	Wed	Thu	Fri	Sat	Sun	Reward
							Week 1
							Week 2
							Week 3
							Week 4

One sticker each morning you stayed in bed · fill the week to earn the reward